



HEROES WEEKEND CRAFT

SPONGE PAINTED AMERICAN FLAG



SUPPLIES:

- White Cardstock/Heavy Construction Paper
- Blue Paint
- Red Paint
- Paper plates or small cups/containers to pour paint in for each person
- Sponges – can cut up kitchen sponges into any shape you'd like!
- Optional: White or Silver star stickers to use for stars on flag instead of handprint!

To make this craft start off with some white cardstock. The heavier paper soaks/holds paint a lot easier and helps to make sure that your family artwork stays looking awesome!

1. Put red and blue paint onto two separate plates (or containers).
2. Grab some sponges and get ready to start printing your flag craft. We used some kitchen sponges as they made great rectangle shapes but you could cut these into any shape – get creative! To print the blue on the flag we used the large back part of the sponge while to make the red stripes we used the thin long edge.
3. To finish off your flag once the paint is dry you could add some white star stickers, draw some stars, use stickers, or make a sweet white handprint which turns this into a keepsake craft as well!